

NEWSLETTER

Telephone: 89837555 | Email: jingili.school@education.nt.gov.au | Friday 2 February 2024 | Week 1 Term 1

Hello Jingili families!

Welcome back to our wonderful school! What a welcome the weather brought for us on our first day back. A big thank you to the staff, students and families who made this first day back so successful amongst the deluge. I saw many happy and excited faces as the students were reacquainted with their friends and settled into their classes. I'd also like to thank the staff and community for the warm welcome that I've received in my short time here. I am looking forward to working with everyone to continue the great work to improve the outcomes for our students.

I am Territory born and bred and have been teaching since 2008, and for the last 8 years I have been at Wanguri Primary School. Prior to this I have taught in NSW and also Bakewell Primary. I'm very much looking forward to seeing the fabulous teaching and learning that occurs at Jingili Primary and working with the school community to continue the great work that has been happening in the space under Mrs Rust's leadership. I am passionate about educating our young Territorians and ensuring that all students receive the best possible education from the best educators, that we can deliver. Looking forward to meeting you all!

Student safety and wellbeing is important to everyone at Jingili Primary School and on the teachers 'Start-Up Day' on Monday, we participated in professional learning around the Keeping Safe Child Protection Curriculum. This program is being rolled out by the NT Department of Education to support child safety and respectful relationships. It is aligned to the NT Curriculum and will compliment the Berry Street Education Model that already exists to support student wellbeing at Jingili. We will be providing more information about this during the 'Meet and Mingle' in week 3.

Regards,

Rachel Webb Acting Principal



Week 2

Mon 5 Feb

Tues 6 Swimming-Waldron, Kurth, Turner Wed 7 Feb

Thurs 8 Feb Swimming-Kypreos, Devriadis, Irlam

Fri 9 Feb Whole school assembly

Week 3

Mon I2 Feb Happy Healthy Harold all week Tues 13 Feb Swimming-Waldron, Kurth, Turner Wed IH Feb

Thurs 15 Feb Swimming-Kypreos, Devriadis, Irlam

Meet and Mingle 5.30pm Fri 16 Feb

IMPORTANT DATES AND INFORMATION

Week 2-10, Every day Breakfast Club

Breakfast Club is open every morning 7.45-8.10am, serving toast, cereal, and fruit.

We would love some donations of butter/margarine/jam/milk. If parents/carers are available to volunteer one morning per week, please contact the office. We are so grateful for the support of this program, which ensures our students start the day with a full tummy!

Week 2, 3, & 4, Tuesday 6, Thursday 8, Tuesday 13, Thursday 15, Tuesday 20, Thursday 22 February Swimming

Swimming for our year 3-6 students commences next week (Week 2) with 4/5 Waldron, 5/6 Kurth and 6 Turner attending on Tuesdays, and 3/4 Kypreos, 3/4 Devriadis and 4/5 Irlam on Thursdays. This will continue for 3 weeks. The program lasts all day and on top of swimming lessons, students will participate in CPR, water survival, tennis and yoga. As there are a variety of activities, students will need to wear their sneakers to school and bring a pair of thongs. They will also need their bathers, towel, water bottle, recess and lunch, and a change of clothes in case of rainy weather. More information will be available from you child/ren's teacher.

Week 3, Thursday 15 February, 5.30-6.30pm Meet and Mingle

Teachers will be in their rooms for this time and will have a display prepared which will go through the school programs, expectations and events that you can expect for the year. This will also be available afterwards, via Class Dojo for families to have a closer look. This is a great opportunity to meet your child/ren's teacher/s and see their classroom. This annual event include a sausage sizzle (gold coin donation).

Week 3, Monday 12—Friday 16 February Happy Healthy Harold

The wonderful giraffe Harold will be once again visiting our school in the Life Education Van! Students from Preschool through to Y6 will visit the van and undertake age-appropriate programs around being safe, connected and healthy. There is further information on Healthy Harold sessions later in this newsletter.

<u>Week 4, Tuesday 20 February, 5.30-6.30pm</u> School Council Annual General Meeting

We would love more families to join this dynamic team to help guide the direction of our school and provide valuable input into our strategic plans. School Council members come from all walks of life and bring many different perspectives and expertise to further supporting the Jingili community. Please contact the school if you are interested or want to find out more.

Week 4, Wednesday 21 February

School Photos

Photos can be ordered online up until Tuesday 20 February. You must ensure the envelope is returned to school for photo day!

Communication

Jingili Primary School actively seeks ways to build strong connections with its local community to enhance student learning, engagement and wellbeing. In addition to our regular community events, effective and consistent home and school communication is extremely important. All teachers at Jingili have set up Class Dojo for their class and you are strongly encouraged to connect in this way. If you are having problems—connecting, please come and see us and we can support you. Teachers will share weekly updates of the learning occurring in classrooms and any notices, including class letters, will be available here. They may also contact you via Class Dojo with a general query or comment. Additionally, if you wish to notify of an absence, a family update or have a general query or comment, please reach out to your teachers.

Once again, great to see everyone back at school, happy and healthy, ready for another great year of learning.





KITCHEN GARDEN NEWS



Happy 2024 Jingili Community! It's great to be back. As it is the start of the year, students are learning and revising the procedures and expectations (Respect, Responsibility and Resilience) in kitchen and garden classes. Everyone is settling in nicely. We are focusing on our recycling:

- Our food scraps are collected in white buckets for the chickens, worms and compost. This organic/natural waste is recycled to return to our garden as fertiliser, soil activators and nutrient rich compost to condition our soil.
- Our drink containers are collected in milk crates to be taken to the recycling depot. The money generated goes back into our KG program.

Thanks to Penny Frost and our families who are continuing to work hard to raise awareness, funds and materials for our chicken learning enclosure. We are meeting soon to discuss next steps.

We have our wonderful Kitchen Garden produce available for purchase at the front office and assemblies. All the money goes back into our program.

Watch this space for upcoming community events (meeting and working bee) if you'd like to get involved and connected to the Jingili Kitchen Garden Program.

Hope you have been enjoying the rain of the Dalay (monsoon) season.

Jodi & Jodi







Swim and Survive Program - Term 1, 2024

Dear Parents/Carers,

Just a friendly reminder that Swimming starts next week for the Year 3-6 classes (Weeks 2, 3 & 4). The dates the students will be going are as follows...

4/5Waldron, 5/6 Kurth and 6 Turner classes will go on a Tuesday for three weeks (Dates 6th February 13th February)

3/4 Devriadis, 3/4 Kypreos and 4/5 Irlam classes will go on a Thursday for three weeks (Dates 8th February 15th February and 22nd February)

Students will participate in **3 full days** on the above dates at Parap Pool and will be participating in Pool Sessions, Tennis lessons, Yoga lessons, Team Building lessons and CPR lessons.

REMINDERS

- Please make sure your child comes to school already dressed in their bathers and school uniform.
- Pack a hat, sun cream, water bottle, towel, spare change of clothes and runners (Tennis) and their lunchbox with recess and lunch in it. (Please be mindful of what you pack in the lunchboxes as not sure if their will be an esky still waiting to find out from royal Lifesaving).
- The students will be at the pool all day and will return to school approx. 2.00pm.

Please note the Swimming will be at Parap Pool.

Kind regards

Di Sullivan, Assistant Principal

lifeed.org.au

Primary Programs





Physical Health



Social & Emotional Wellbeing



Safety

Life Ed offers a range of age-appropriate primary school modules aligned to the Australian & state-based curriculum across the Health and Physical Education Learning Area and General Capabilities.

Designed to inspire and empower students, providing knowledge, skills and strategies through interactive learning experiences. Our program includes pre and post visit lessons to deepen classroom learning and support students to thrive.

Foundation/Kindergarten



Students learn about choices and behaviours that promote health, safety and wellbeing as they are growing and changing. They explore personal hygiene, healthy food choices, the benefits of physical activity and sleep, as well as ways to keep safe at home, school and in the community.

- The importance of personal hygiene
- · Choosing foods for a healthy, balanced diet
- · The benefits of physical activity and sleep
- · Safety at home, school and in the community



Foundation / Kindergarten / Year 1

Students consider the importance of relationships and gain skills to seek help in a variety of situations. They have opportunities to practice strategies to manage their feelings and emotions.

- How to build friendships and care for others
- Identifying and managing feelings and emotions
- Recognising body clues that let us know when we could be unsafe
- · Safe people and places to seek help





Students learn to identify body clues and manage emotions that arise in new or challenging situations. They also investigate the importance of physical activity and health choices.

- Identifying how our bodies react in new situations
- · The benefits of physical activity
- What our body needs to be healthy including nutrition, water and sleep
- · Safety strategies in different environments

Years 1-2



Students investigate how to protect themselves in unsafe environments and seek help. They also learn about the people and services that keep us safe and how to identify and respond in emergency situations.

- Recognising safe and unsafe environments
- · Behaviours that maintain friendships
- · How to care for others
- · Places and people we can go to for help

Year 2



Students investigate healthy lifestyle choices and factors that impact health and emotional wellbeing. This includes learning about healthy food choices and considering how media and advertising messages influence food choices.

- Recognising how nutrition and physical activity contribute to health
- Exploring health messages and advertising influences
- Identifying the qualities and attributes of a good friend
- People in our network who can support and help us

Years 3-4



Students investigate in this fun interactive lesson which is set in a kid's TV news program. A team of young scientists shrink Harold and place him in a tiny capsule so he can travel inside the body and report back on what he sees.

- The benefits of healthy food for health and energy
- Function of the body systems: digestive, respiratory, circulatory and others
- Factors that influence physical health, such as nutrition and exercise

Primary Programs





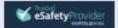
Students learn by engaging with comic book-style videos. The lesson revolves around a conflict between old friends, Boots and Red. When Red runs off, upset, Boots starts to feel sick in her

- Identifying and practising assertive communications skills
- Broadening and developing emotional literacy . Practising emotional regulation skills such as mindful breathing

Years 3-5







Students investigate their use of tech and the positives and negatives of being online, including unwanted contact and unsafe situations. The 'Recognise, React, Report' strategy enables them to recognise the clues the body gives when they may be unsafe, to react in appropriate ways and to report and seek help.

- Keeping personal information safe online
- How to recognise, react and report unwanted contact and potential predatory behaviours
- Responsible and respectful behaviour when using communication technology
- · Skills for building positive relationships with friends
- · Exploring the role of bystanders

NEW in 2024



Students investigate the issues around vaping and smoking. Students are encouraged to stop and "take a breath", ask questions, seek answers, and exercise critical thinking skills before making a decision.

- What are vapes and cigarettes?
- Physical, social, financial & health effects of cigarettes, e-cigarettes and nicotine
- The comparisons and connections between
- e-cigarettes/vaping and the history of smoking
- Strategies & responses that model assertiveness and resilience in challenging situations



Students learn about alcohol in a balanced and age-appropriate way. They investigate how alcohol enters the body and blood stream, how it changes the way the body and brain work, plus myths and facts about alcohol, the laws around its sale and use and why some people choose not to consume

- Strategies to reduce the harmful effects of alcohol on themselves and others
- · Myths and facts surrounding the use of alcohol
- Physical, social and legal consequences of alcohol use
- · Strategies for responding to encouragement or pressure to drink



Students investigate a range of drugs, the laws around these drugs and the different ways they impact the body and brain. Schools have the opportunity to choose if they want Life Ed to include illegal drugs in this lesson, to align with their program.

- Investigating myths, facts and social norms
- · Understanding what drugs are and how they are classified
- · Strategies and skills to be safe
- · Influences on decision making (peers, family, media, culture, financial and legal)

Years 5-6



Students investigate the importance of respectful relationships, including face to face and online connections. They explore how the physical and personal changes at this stage of life will impact their behaviour, emotions and relationships. They also learn to recognise, react and report disrespectful, unsafe and predatory behaviour online.

- Understanding how to respect ourselves and
- Identifying characteristics of positive relationships
- · Strategies to help maintain positive online and offline relationships
- · How to recognise, react and report unwanted contact, bullying or predatory behaviours









Sports Vouchers are an NT Government initiative to get kids playing sports. Apply online for a \$100 voucher for your child (one for each semester). This is separate to the Back to School Voucher.

https://nt.gov.au/leisure/sport/sport-andswim-vouchers/sport-voucher-schemeurban/get-sport-vouchers-for-your-child











The NT Government **Back to School Vouchers** expire at the end of term 1.

Please contact the office to allocate your \$200 voucher to book packs, as well as uniforms/swimming/